Here's how to lower your costs and get your long-term* prescriptions easily

You'll pay only two times your 30-day retail co-payment if you order up to a 90-day supply of covered, long-term medication at a retail pharmacy that participates in the maintenance network, or through Medco by Mail. If you purchase the same amount at any other pharmacy, you'll pay more—three times your retail co-payment (three 30-day prescriptions X three co-payments). With a 90-day supply, you won't have to order medications as often—and, if you use Medco By Mail, your orders will be delivered to you. Standard shipping is free.

Savings example: With a prescription for a 90-day supply of a generic drug, you'll pay only \$17 (\$8.50 co-payment x 2). With a prescription for a 30-day supply with refills or at a non-participating retail pharmacy, you'll pay \$25.50 (\$8.50 x three 30-day refills).

Important reminder

The first time that you are prescribed a long-term medication, please remember that you must try it in a 30-day supply from a participating retail pharmacy or Medco By Mail to be sure that the medication is right for you. Ask your doctor for a 30-day prescription and a 90-day prescription, so that you can try the 30-day supply before ordering a 90-day supply).

How to order a 90-day supply

Ask your doctor for a prescription for up to a 90-day supply of each covered, long-term drug you use, with refills for up to 1 year (if appropriate). Have each prescription filled one of these easy ways:

- Mail the prescription, a completed mail-order form, and payment to Medco by Mail.
- Ask your doctor to fax the prescription to Medco by calling 1-888-327-9791 for instructions. (Only your doctor can fax prescriptions.)
- Bring your prescription to a retail pharmacy that participates in the maintenance network.
 (Visit the State of Delaware website at www.ben.omb.delaware.gov/script for a list of pharmacies that fill 90-day prescriptions.)

For more information, call Member Services at 1-800-939-2142.

*Long-term medication are those taken for more than 3 months. Some medications, such as certain controlled substances or medications that are prepackaged by the manufacturer, are not available in a 90-day supply.